

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
'THE FELIZ NAVIDAD FIESTA' CHICKEN AND CHORIZO LAYERED WITH MELTING MOZZARELLA PANINI													
WHEAT FLOUR (WITH ADDED CALCIUM, IRON, NIACIN, THAMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT													
IMPROVER (CALCIUM SUPPLHATE) SOY FLOUR											X		
EMULSIFIER													
CHICKEN													
CHORIZO													
MOZZARELLA							X						
BRIE UNDER THE TREE' CREAMY BRIE WITH FIG & HONEY CHUTNEY PANINI													
WHEAT FLOUR (WITH ADDED CALCIUM, IRON, NIACIN, THAMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT													
IMPROVER (CALCIUM SUPPLHATE) SOY FLOUR											X		
EMULSIFIER													
BRIE CHEESE							X						
FIG & HONEY CHUTNEY - FIGS (REHYDRATED) (27%), BRAMLEY APPLES, SUGAR, DISTILLED MALT VINEGAR (FROM BARLEY), ONION, HONEY (4%), SPICES, PRESERVATIVE: POTASSIUM SORBATE					X								

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THE PIG 'N FIG FUSION' PORK SAUSAGES LAYERED WITH BACON, FIG & HONEY CHUTNEY AND MELTING MOZZARELLA PANINI													
WHEAT FLOUR (WITH ADDED CALCIUM, IRON, NIACIN, THIAMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST)					X								
SALT													
IMPROVER (CALCIUM SUPPHATE) SOY FLOUR											X		
EMULSIFIER													
PRICE & FRETWELL PIGS IN BLANKETS - PORK, WATER, RUSK (WHEAT), SALT, CALCIUM CARBONATE, IRON, NIACIN, THIAMIN, AMMONIUM BICARBONATE, SPICES(WHITE PPER, NUTMEG, CORIANDER), EMULSIFIER E451, SODIUM TRIPOLYPHOSPHATE, HERB (SAGE), FLAVOUR ENHANCER E621, PRESERVATIVE E221 (SODIUM SULPHATE), ACID E330, ONION POWDER, CITRIC ACID					X								
FIG & HONEY CHUTNEY - FIGS (REHYDRATED) (27%), BRAMLEY APPLES, SUGAR, DISTILLED MALT VINEGAR (FROM BARLEY), ONION, HONEY (4%), SPICES, PRESERVATIVE: POTASSIUM SORBATE					X								
MOZZARELLA							X						

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THE PLANT BASED FEAST* - PLANT BASED TURKEY FILLET WITH PLANT BASED BACON ON A BED OF SPINACH AND CRANBERRY SAUCE ON MALTED BREAD													
WHEAT FLOUR WITH ADDED CALCIUM CARBONATE, IRON, NIACIN, THAMIN					X								
WATER													
MULTISEED FLOUR (WHEAT FLOUR					X								
SUNFLOWER FEEDS													
LINSEED													
WHEAT BRAN					X								
WHEAT GLUTEN					X								
PUMPKIN SEEDS													
DRIED WHEAT SOURDOUGH (WHEAT FLOUR, STARTER CULTURE)					X								
OAT FLAKES					X								
SUGAR													
SALT													
RAPESEED OIL													
CARAMEL													
WHEAT MALT FLOUR					X								
MAL TODEXTRIN													
ENZYMES													
YEAST													
SHORTENING													
VEGETABLE OIL													
PALM AND RAPESEED OIL IN VARYING PROPORTIONS													
MALTED BARLEY FLOUR					X								
IMPROVER [CALCIUM SULPHATE, SOY FLOUR; EMULSIFIER]											X		

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THE PLANT BASED FEAST* - PLANT BASED TURKEY FILLET WITH PLANT BASED BACON ON A BED OF SPINACH AND CRANBERRY SAUCE ON MALTED BREAD - CONTINUED													
QUORN VEGAN FILLET - MYCOPROTEIN (86%), NATURAL FLAVOURING, PEA FIBRE, POTATO PROTEIN, PEA PROTEIN, WHEAT GLUTEN, STABILISER: CARRAGEENAN					X								
VEGAN BACON - REHYDRATED SOYA PROTEIN 81%, SUNFLOWER OIL, SALT, NATURAL FLAVOURINGS, COLOURINGS (ANTHOCYANIN, LYCOPENE), ACIDITY REGULATOR (POTASSIUM ACETATE).					MC						X		
CRANBERRY SAUCE - CRANBERRIES (40%), GLUCOSE FRUCTOSE SYRUP, WATER, SUGAR, GELLING AGENT: PECTIN; ACIDITY REGULATORS: CITRIC ACID, TRISODIUM CITRATE, TRICALCIUM CITRATE; PRESERVATIVE: POTASSIUM SORBATE.													
SPINACH													

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THE FESTIVE FEAST* - TURKEY BREAST WRAPPED IN BACON STUFFED WITH SAGE AND ONION STUFFING ON A LAYER OF SWEET CRANBERRY SAUCE ON MALTED BREAD													
WHEAT FLOUR WITH ADDED CALCIUM CARBONATE, IRON, NIACIN, THAMIN					X								
WATER													
MULTISEED FLOUR (WHEAT FLOUR					X								
SUNFLOWER FEEDS													
LINSEED													
WHEAT BRAN					X								
WHEAT GLUTEN					X								
PUMPKIN SEEDS													
DRIED WHEAT SOURDOUGH (WHEAT FLOUR, STARTER CULTURE)					X								
OAT FLAKES					X								
SUGAR													
SALT													
RAPESEED OIL													
CARAMEL													
WHEAT MALT FLOUR					X								
MAL TODEXTRIN													
ENZYMES													
YEAST													
SHORTENING													
VEGETABLE OIL													
PALM AND RAPESEED OIL IN VARYING PROPORTIONS													
MALTED BARLEY FLOUR					X								
IMPROVER [CALCIUM SULPHATE, SOY FLOUR; EMULSIFIER]											X		

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THE FESTIVE FEAST* - TURKEY BREAST WRAPPED IN BACON STUFFED WITH SAGE AND ONION STUFFING ON A LAYER OF SWEET CRANBERRY SAUCE ON MALTED BREAD - CONTINUED													
TURKEY ROULADE WITH PORK SAGE & ONION STUFFING WRAPPED IN STREAKY BACON - TURKEY BREAST (52%), PORK SAGE & ONION GLUTEN FREE STUFFING (22%)(WATER, PORK, RICE FLOUR, GRAM FLOUR, POTATO STARCH, MAIZE STARCH, ONION, SALT, DEXTROSE, SUGAR, SAGE, WHITE PEPPER, SODIUM METABI SULPHITES), STREAKY BACON (22%)(PORK, WATER, SALT, ANTIOXIDANT(SODIUM ASCORBATE), PRESERVATIVE(SODIUM NITRITE, POTASSIUM NITRATE)), WATER, SALT, THICKENER(GUAR GUM, XANTHAN GUM), STABILISER(SODIUM CARBONATE)												X	
CRANBERRY SAUCE - CRANBERRIES (40%), GLUCOSE FRUCTOSE SYRUP, WATER, SUGAR, GELLING AGENT: PECTIN; ACIDITY REGULATORS: CITRIC ACID, TRISODIUM CITRATE, TRICALCIUM CITRATE; PRESERVATIVE: POTASSIUM SORBATE.													

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ITALIAN WINTER FUSION' - SLICES OF PROSCIUTTO AND MOZZARELLA DRIZZLED WITH BASIL ON MALTED BREAD													
WHEAT FLOUR WITH ADDED CALCIUM CARBONATE, IRON, NIACIN, THAMIN					X								
WATER													
MULTISEED FLOUR (WHEAT FLOUR					X								
SUNFLOWER FEEDS													
LINSEED													
WHEAT BRAN					X								
WHEAT GLUTEN					X								
PUMPKIN SEEDS													
DRIED WHEAT SOURDOUGH (WHEAT FLOUR, STARTER CULTURE)					X								
OAT FLAKES					X								
SUGAR													
SALT													
RAPESEED OIL													
CARAMEL													
WHEAT MALT FLOUR					X								
MAL TODEXTRIN													
ENZYMES													
YEAST													
SHORTENING													
VEGETABLE OIL													
PALM AND RAPESEED OIL IN VARYING PROPORTIONS													
MALTED BARLEY FLOUR					X								
IMPROVER [CALCIUM SULPHATE, SOY FLOUR; EMULSIFIER]											X		

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ITALIAN WINTER FUSION' - SLICES OF PROSCIUTTO AND MOZZARELLA DRIZZLED WITH BASIL ON MALTED BREAD - CONTINUED													
PROSCIUTTO													
MOZZARELLA SLICES							X						
BASIL OIL													

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NOURISH BOWL-BASE													
QUINOA					MC								
BROWN RICE													
WHOLEMEAL PASTA					X								
MIXED LENTILS					MC								
NOURISH BOWL-MAIN													
TURKEY ROULADE WITH PORK SAGE & ONION STUFFING WRAPPED IN STREAKY BACON - TURKEY BREAST (52%), PORK SAGE & ONION GLUTEN FREE STUFFING (22%)(WATER, PORK, RICE FLOUR, GRAM FLOUR, POTATO STARCH, MAIZE STARCH, ONION, SALT, DEXTROSE, SUGAR, SAGE, WHITE PEPPER, SODIUM METABI SULPHITES), STREAKY BACON (22%)(PORK, WATER, SALT, ANTIOXIDANT(SODIUM ASCORBATE), PRESERVATIVE(SODIUM NITRITE, POTASSIUM NITRATE)), WATER, SALT, THICKENER(GUAR GUM, XANTHAN GUM), STABILISER(SODIUM CARBONATE)												X	
VEGAN SAUSAGES					MC							MC	
BAKED SALMON FILLET				X									
SHREDDED CHICKEN													
CHICKPEA & SPINACH BAKE					X								
GOATS CHEESE							X						
HALLOUMI							X						
FETA CHEESE							X						
BEEF CHILLI													

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NOURISH BOWL-TOPPINGS													
SLICED AVOCADO													
BEETROOT													
BROCCOLI													
ROASTED BRUSSEL SPROUTS												X	
ROASTED CAULIFLOWER													
SUGAR SNAP PEAS													
ROASTED CARROTS													
ROASTED PARSNIP													
ROASTED CHERRY TOMATO													
ROASTED SWEDE													
PICKLED RED CABBAGE													
NOURISH BOWL-DRESSING													
BEETROOT HUMMUS													
BEETROOT													
HUMMUS (COOKED CHICKPEAS, WATER, RAPESEED OIL, TAHINI, SESAME SEED PASTE)										X			
LEMON DRESSING													
LEMONS													
LEMON JUICE													
WHITE WINE VINEGAR													
OLIVE OIL													
PEPPER													

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BALSAMIC DRESSING													
BALSAMIC GLAZE												X	
WHITE WINE VINEGAR													
OLIVE OIL													
BALSAMIC GLAZE													
BALSAMIC VINEGAR OF MODENA 70% (WINE VINEGAR, CONCENTRATED GRAPE MUST, CONTAINS SULPHITES)												X	
CONCENTRATED GRAPE MUST													
MODIFIED STARCH THICKENER													
HONEY & MUSTARD													
HONEY													
WHOLEGRAIN MUSTARD									X				
WHITE WINE VINEGAR													
OLLIVE OIL													
RICH GARLIC & HERB VINAIGRETTE													
BASIL													
OREGANO													
ROSEMARY													
THYME													
GARLIC PUREE													
WHITE WINE VINEGAR													
OLIVE OIL													

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WARM TOMATO SAUCE													
TOMATO SAUCE													
OREGANO													
CRANBERRY DRESSING													
FRESH CRANBERRIES													
RED WINE VINEGAR												X	
SUGAR													
FIG & HONEY CHUTNEY													
FIGS (REHYDRATED) (27%),													
BRAMLEY APPLES,													
SUGAR, .													
DISTILLED MALT VINEGAR (FROM BARLEY),					X								
ONION, HONEY (4%), SPICES, PRESERVATIVE: POTASSIUM SORBATE.													
ONION, HONEY (4%), SPICES, PRESERVATIVE: POTASSIUM SORBATE.													
ONION,													
HONEY (4%),													
SPICES, PRESERVATIVE: POTASSIUM SORBATE.													
PRESERVATIVE: POTASSIUM SORBATE.													

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COLESLAW													
CABBAGE													
CARROT													
RED ONION													
MAYONNAISE - RAPESEED OIL (70%), WATER, SPIRIT VINEGAR, PASTEURISED EGG YOLKS (5%), SUGAR, SALT MUSTARD SEEDS, THICKENERS - XANTHUM GUM AND GUAR GUM, ANTIOXIDANT - CALCIUM DISODIUM EDTA.			X						X				
SALT													
PEPPER													

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EXTRAS - PIGS IN BLANKET													
PORK													
WATER													
RUSK (WHEAT)						X							
SALT													
CALCIUM CARBONATE													
IRON													
NIACIN													
THIAMIN													
AMMONIUM BICARBONATE													
SPICES(WHITE PPER, NUTMEG, CORIANDER)													
EMULSIFIER E451													
SODIUM TRIPOLYPHOSPHATE													
HERB (SAGE)													
FLAVOUR ENHANCER E621													
PRESERVATIVE E221 (SODIUM SULPHATE)													
ACID E330													
ONION POWDER													
CITRIC ACID													

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MAPLE SYRUP LATTE													
DARKWOODS UNDERMILK COFFEE													
MILK (DAIRY)							X						
OAT MILK					X								
MAPLE SYRUP													
CREAM - CREAM (95%) (FROM MILK), SUGAR (5%), EMULSIFIER (MONO- AND DIGLYCERIDES OF FATTY ACIDS), STABILISER (CARRAGEENAN), PROPELLANT GAS (NITROUS OXIDE).							X						
VEGAN CREAM - WATER; FULLY HYDROGENATED PALM OIL (15%), SUGAR (10%), DEXTROSE, PROPELLANT: NITROUS OXIDE; GLUCOSE SYRUP, HUMECTANT: SORBITOL; EMULSIFIERS: MONO - AND DIACETYL TARTARIC ACID ESTERS OF MONO- AND DI-GLYCERIDES OF FATTY ACIDS. POLYOXYETHYLENE SORBITAN MONOSTERARATE; THICKENER: HYDROXYPROPYLMETHYLCELLULOSE; POTATO STARCH, SALT, FLAVOURING							MC						

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PEPPERMINT MOCHA													
DARKWOODS UNDERMILK COFFEE													
MILK (DAIRY)							X						
OAT MILK					X								
COCOA BUTTER, EMULSIFIER: SOYA LECITHIN, NATURAL VANILLA FLAVOURING											X		
MONIN PEPPERMINT SYRUP; SUGAR, WATER, MINT TARTRAZINE BRILLIANT BLUE FCF													
AERO PEPPERMINT BUBBLES; SUGAR, VEGETABLE FATS (PALM, SHEA, SAL), WHEY POWDER PRODUCT (MILK), WHOLE MILK POWDER, GLUCOSE SYRUP, COCOA BUTTER, COCOA MASS, SKIMMED MILK POWDER, BUTTERFAT (MILK), EMULSIFIER (LECITHINS), GLAZING AGENTS (GUM ARABIC, POLYDEXTROSE), SUNFLOWER OIL, FLAVOURING, COLOURS (COPPER COMPLEXES OF CHLOROPHYLLINS, CURCUMIN)							X						
CREAM - CREAM (95%) (FROM MILK), SUGAR (5%), EMULSIFIER (MONO- AND DIGLYCERIDES OF FATTY ACIDS), STABILISER (CARRAGEENAN), PROPELLANT GAS (NITROUS OXIDE).							X						

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PEPPERMINT MOCHA - CONTINUED													
VEGAN CREAM - WATER; FULLY HYDROGENATED PALM OIL (15%), SUGAR (10%), DEXTROSE, PROPELLANT: NITROUS OXIDE ; GLUCOSE SYRUP, HUMECTANT: SORBITOL; EMULSIFIERS: MONO - AND DIACETYL TARTARIC ACID ESTERS OF MONO- AND DI-GLYCERIDES OF FATTY ACIDS. POLYOXYETHYLENE SORBITAN MONOSTERARATE; THICKENER: HYDROXYPROPYLMETHYLCELLULOSE; POTATO STARCH, SALT, FLAVOURING							MC						

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GINGERBREAD LATTE													
DARKWOODS UNDERMILK COFFEE													
MILK (DAIRY)							X						
OAT MILK					X								
GINGERBREAD SYRUP - SUGAR, WATER, NATURAL FLAVOURING, ACID; CITRIC ACID, NATURAL CINNAMON FLAVOURING WITH OTHER NATURAL FLAVOURINGS, COLOUR: E150A											X		
GINGERBREAD PIECES					X		MC						
CREAM - CREAM (95%) (FROM MILK), SUGAR (5%), EMULSIFIER (MONO- AND DIGLYCERIDES OF FATTY ACIDS), STABILISER (CARRAGEENAN), PROPELLANT GAS (NITROUS OXIDE).							X						
VEGAN CREAM - WATER; FULLY HYDROGENATED PALM OIL (15%), SUGAR (10%), DEXTROSE, PROPELLANT: NITROUS OXIDE ; GLUCOSE SYRUP, HUMECTANT: SORBITOL; EMULSIFIERS: MONO - AND DIACETYL TARTARIC ACID ESTERS OF MONO- AND DI-GLYCERIDES OF FATTY ACIDS. POLYOXYETHYLENE SORBITAN MONOSTERARATE; THICKENER: HYDROXYPROPYLMETHYLCELLULOSE; POTATO STARCH, SALT , FLAVOURING													

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ELLY'S BAKES - WHITE CHOCOLATE & CRANBERRY ROCKY ROAD													
DIGESTIVE BISCUITS					X								
WHITE CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)							X				X		
UNSALTED BUTTER							X						
SALT													
DRIED CRANBERRIES													
VEGAN MARSHMALLOWS (SUGAR, GLUCOSE, FRUCTOSE SYRUP, WATER, MAIZE STARCH, DEXTROSE, TAPIOCA STARCH, GELLING AGENT, CARRAGEENAN, HYDROLIZED RICE PROTEIN, NATURAL VANILLA FLAVOUR)													
GOLD DUST													
ELLY'S BAKES - GINGERBREAD BISCUITS													
PLAIN FLOUR					X								
GOLDEN SYRUP (PARTIALLY INVERTED REFINERS SYRUP)													
SUGAR													
MARGARINE - PLANT OILS (RAPESEED, SUNFLOWER 18%, PALM), WATER, SALT, PLANT BASED EMULSIFIER (SUNFLOWER LECITHIN), VINEGAR, NATURALFLAVOURINGS, VITAMIN A													
BAKING POWDER - RAISING AGENTS (E 450 (DIPHOSPHATES), E 500 (SODIUM CARBONATES)), MAIZE STARCH.													
BICARBONATE OF SODA					MC		MC						
GROUND GINGER													

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ELLY'S BAKES - CHOCOLATE ORANGE BROWNIES													
INGREDIENTS													
CASTER SUGAR													
UNSALTED BUTTER							X						
DARK CHOCOLATE (COCOA MASS, SUGAR, COCOA BUTTER, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)											X		
EGG			X										
FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN THIAMIN)					X								
WHITE CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)							X				X		
MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)							X				X		
COCOA POWDER													
ORANGE ZEST													
TERRY'S CHOCOLATE ORANGE BAR - SUGAR, COCOA MASS, COCOA BUTTER, SKIMMED MILK POWDER, WHEY POWDER (FROM MILK), VEGETABLE FATS (PALM, SHEA), MILK FAT, EMULSIFIERS (SOYA LECITHINS, E476), ORANGE OIL, FLAVOURING, MILK SOLIDS 14 % MINIMUM. COCOA SOLIDS 25 % MINIMUM, CONTAINS VEGETABLE FATS IN ADDITION TO COCOA BUTTER							X				X		MC

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - REINDEER MILLIONAIRE'S SHORTBREAD													
CONDENSED MILK (WHOLE MILK, SUGAR)							X						
UNSALTED BUTTER (MILK)							X						
GLUTEN FREE PLAIN WHITE FLOUR					X								
LIGHT BROWN SOFT PURE CANE SUGAR (CANE SUGAR, CANE MOLASSES)													
MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING)							X				X		
CASTER SUGAR													
GOLDEN SYRUP (PARTIALLY INVERTED REFINERS SYRUP)													
XANTHAN GUM			X										
VANILLA EXTRACT (INVERT SUGAR SYRUP, GLUCOSE SYRUP; WATER; VANILLA EXTRACT)													
SALT													
GLUTEN FREE PRETZELS - MAIZE STARCH, PALM OIL, SEA SALT, INVERT SUGAR SYRUP, DRY YEAST, STABILISER: CARBOXY METHYL CELLULOSE, EMULSIFIER: SOYA LECITHIN, RAISING AGENTS: DISODIUM DIPHOSPHATE, SODIUM BICARBONATE, ACIDITY REGULATOR: SODIUM HYDROXIDE, LACTOSE FREE (LACTOSE <0.007G/100G)										MC	X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - REINDEER MILLIONAIRE'S SHORTBREAD - CONTINUED													
SMARTIES - SUGAR, SKIMMED MILK POWDER, COCOA MASS, COCOA BUTTER, GLUCOSE SYRUP, WHEAT FLOUR, WHEY POWDER PRODUCT (MILK), BUTTERFAT (MILK), VEGETABLE FATS (PALM, SHEA), STARCH, EMULSIFIER (LECITHINS), COLOURS (BEETROOT RED, CAROTENE, CURCUMIN), FLAVOURINGS, SPIRULINA CONCENTRATE, GLAZING AGENTS (CARNAUBA WAX, BEESWAX WHITE), VEGETABLE CONCENTRATES (SAFFLOWER, RADISH), BARLEY MALT EXTRACT					X		X						
WHITE CHOCOLATE; SUGAR; COCOA BUTTER; WHOLE MILK POWDER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVORING							X				X		
DARK CHOCOLATE & SEA SALT: DARK CHOCOLATE (COCOA MASS; SUGAR; COCOA BUTTER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING); SEA SALT											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
THE HCS FULL ENGLISH													
SAUSAGES					X							X	
BACON													
FRIED EGG			X										
MUSHROOMS													
HASHBROWN													
BLACK PUDDING					X								
GRILLED TOMATO													
BAKED BEANS													
HCS VEGETARIAN													
VEGAN SAUSAGES					MC							MC	
EGGS			X										
CHICKPEA & SPINACH BAKE - ONIONS (39%), CHICKPEAS (32%), WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), SPINACH (9%), RAPESEED OIL, CUMIN, SALT, GARLIC PURÉE (GARLIC, ACIDITY REGULATOR: CITRIC ACID), GROUND CORIANDER, CORIANDER LEAF, CHILLI POWDER, CONCENTRATED LEMON JUICE, STABILISER: METHYLCELLULOSE; BLACK PEPPER, TURMERIC					X								
SAUTEED MUSHROOMS													
AVOCADO													
HASH BROWNS													
HALLOUMI							X						
GRILLED TOMATO													
BAKED BEANS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
BREAKFAST TOAST													
WHITE			MC		X		MC			MC	MC		MC
SOURDOUGH							MC			MC	MC		MC
WHOLEMEAL			MC		X		MC			MC	MC		MC
HONEY													
STRAWBERRY JAM													
RASPBERRY JAM													
CHOCOLATE SPREAD							X						
BUTTER							X						
VEGAN SPREAD													
TOPPED TOAST													
WHITE			MC		X		MC			MC	MC		MC
SOURDOUGH							MC			MC	MC		MC
WHOLEMEAL			MC		X		MC			MC	MC		MC
BUTTER							X						
VEGAN SPREAD													
SMASHED AVOCADO													
SCRAMBLED EGGS			X										
BAKED BEANS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
BREAKFAST BAP													
BACON													
SAUSAGES					X							X	
VEGAN SAUSAGES					MC							MC	
FRIED EGG			X										
HALLOUMI							X						
SAUTEED MUSHROOMS													
GRILLED TOMATO													
CHICKPEA & SPINACH BAKE					X								
HASH BROWNS													
BLACK PUDDING													
AVOCADO													
WHITE BAP						X					X		
WHOLEMEAL BREAD			MC		X		MC			MC	MC		MC

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
GREEK YOGURT & GRANOLA BOWL													
YOGHURT							X						
GRANOLA					X							X	
STRAWBERRIES													
BLUEBERRIES													
BANANAS													
HONEY													
BANANA CHIPS (BANANA 55%, COCONUT OIL, SUGAR, NATURAL BANANA FLAVOURING)													
DRIED FRUIT (SULTANA, RAISINS, CURRANTS, MIXED CANDIED PEEL (GLUCOSE SYRUP, ORANGE PEEL, LEMON PEEL, SUGAR, ACIDITY REGULATOR, CITRIC ACID, PRESERVATIVE (SULPHUR DIOXIDE), SUNFLOWER OIL												X	

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YOFUEL GRANOLA POTS													
GREEK YOGHURT							X						
GRANOLA					X							X	
BLUEBERRIES													
STRAWBERRIES													
ACAI BOWL													
STRAWBERRIES													
BLUEBERRIES													
BANANAS													
GRANOLA					X							X	
BANANA CHIPS (BANANA 55%, COCONUT OIL, SUGAR, NATURAL BANANA FLAVOURING)													
DRIED FRUIT (SULTANA, RAISINS, CURRANTS, MIXED CANDIED PEEL (GLUCOSE SYRUP, ORANGE PEEL, LEMON PEEL, SUGAR, ACIDITY REGULATOR, CITRIC ACID, PRESERVATIVE (SULPHUR DIOXIDE), SUNFLOWER OIL												X	
ACAI													
RASPBERRIES													
APPLE JUICE													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
PANCAKES													
PANCAKES			X		X		X						
RAISINS													
CHOPPED BANANA													
BLUEBERRIES													
RASPBERRY JAM													
STRAWBERRY JAM													
FRESH STRAWBERRIES													
CHOCOLATE SPREAD							X						
FRESH RASPBERRIES													
MAPLE SYRUP													
WHIPPED CREAM							X						
GREEK YOGHURT							X						
HONEY													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
PORRIDGE													
OATS					X								
RASPBERRY JAM													
STRAWBERRY JAM													
CHOCOLATE SPREAD							X						
MAPLE SYRUP													
HONEY													
GREEK YOGHURT							X						
FRESH STRAWBERRIES													
FRESH RASPBERRIES													
POMEGRANATE SEEDS													
CHOPPED BANANA													
BLUEBERRIES													
CHIA SEEDS									MC				MC
RAISINS													
OAT MILK					X								
DAIRY MILK							X						
PASTRIES													
PAIN AU CHOC			X		X		X				X		MC
BUTTER CROISSANT			X		X		X				MC		MC
PAIN AU RAISIN			X		X		X				MC		MC
CINNAMON SWIRL			X		X		X				MC		MC

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
JACKET SPUDS													
BAKED BEANS													
CHEESE							X						
COLESLAW			X										
VEGAN CHEESE					X								
SMASHED AVOCADO													
TUNA MAYO & SWEETCORN			X	X			X						
SIDE SALAD WITH BASIL OIL DRESSING													
BEEF CHILLI													
VEGAN SPREAD													
BUTTER							X						
NOURISH BOWL-BASE													
QUINOA					MC								
BROWN RICE													
WHOLEMEAL PASTA					X								
MIXED LENTILS					MC								
NOURISH BOWL-MAIN													
BAKED SALMON FILLET				X									
SHREDDED CHICKEN													
CHICKPEA & SPINACH BAKE					X								
GOATS CHEESE							X						
HALLOUMI							X						
FETA CHEESE							X						
BEEF CHILLI													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
NOURISH BOWL-TOPPINGS													
ROASTED BUTTERNUT SQUASH													
BEETROOT													
BROCCOLI													
PICKLED RED ONION												X	
ROASTED CAULIFLOWER													
SUGAR SNAP PEAS													
SWEETCORN													
SLICED AVOCADO													
ROASTED CHERRY TOMATO													
POMEGRANATE SEEDS													
MIXED LEAF													
NOURISH BOWL-DRESSING													
BEETROOT HUMMUS													
BEETROOT													
HUMMUS (COOKED CHICKPEAS, WATER, RAPESEED OIL, TAHINI, SESAME SEED PASTE)										X			
LEMON DRESSING													
LEMONS													
LEMON JUICE													
WHITE WINE VINEGAR													
OLIVE OIL													
PEPPER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
BALSAMIC DRESSING													
BALSAMIC GLAZE												X	
WHITE WINE VINEGAR													
OLIVE OIL													
BALSAMIC GLAZE													
BALSAMIC VINEGAR OF MODENA 70% (WINE VINEGAR, CONCENTRATED GRAPE MUST, CONTAINS SULPHITES)												X	
CONCENTRATED GRAPE MUST													
MODIFIED STARCH THICKENER													
HONEY & MUSTARD													
HONEY													
WHOLEGRAIN MUSTARD									X				
WHITE WINE VINEGAR													
OLLIVE OIL													
RICH GARLIC & HERB VINAIGRETTE													
BASIL													
OREGANO													
ROSEMARY													
THYME													
GARLIC PUREE													
WHITE WINE VINEGAR													
OLIVE OIL													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
WARM TOMATO SAUCE													
TOMATO SAUCE													
OREGANO													
VEGAN CAESAR DRESSING													
VEGAN MAYO									X				
CAPERS													
DRIED OREGANO													
LEMON JUICE													
SALT													
PEPPERS													
SUGAR													
MUSTARD													
RAPESEED OIL													
WATER													
SPIRIT VINEGAR												X	
SUGAR													
DILL, PARSLEY & GARLIC DRESSING													
DILL													
PARSLEY													
GARLIC PUREE													
WHITE WINE VINEGAR													
OLIVE OIL													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SAUSAGE ROLL													
INGREDIENTS													
WHEAT FLOUR (WITH CALCIUM CARBONATE, IRON, NIACIN, THIAMIN)					X								
BRITISH PORK (27%)													
WATER													
SUSTAINABLE PALM OIL													
PORK FAT													
RAPESEED OIL													
EGG			X										
SALT													
RUSK (WHEAT FLOUR (WITH CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), SALT)					X								
SPICES													
WHEAT STARCH					X								
YEAST EXTRACT					X								
SUGAR													
ONION POWDER													
THYME													
DEXTROSE													
MALTODEXTRIN													
DRIED GLUCOSE SYRUP													
RAISING AGENT (AMMONIUM CARBONATE)													
SPICE EXTRACT													
LEMON JUICE (FROM CONCENTRATE)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
QUORN SAUSAGE ROLL													
INGREDIENTS					X								
WATER													
WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE)					X								
MYCOPROTEIN (16%)													
PALM OIL, REHYDRATED WHEAT PROTEIN (7%)(WATER					X								
WHEAT GLUTEN					X								
WHEAT STARCH					X								
PRESERVATIVE: SODIUM METABISULPHITE (SULPHITES)												X	
ONION													
PEA PROTEIN													
GLAZE (WATER, RAPESEED OIL, PEA PROTEIN, SUGAR)													
SALT													
YEAST EXTRACT					X								
WHEAT GLUTEN					X								
RAPESEED OIL													
STABILISER: METHYL CELLULOSE													
POTATO PROTEIN													
THYME													
MALTODEXTRIN													
SAGE													
FIRMING AGENT: CALCIUM CHLORIDE													
FLAVOURING													
NATURAL FLAVOURING													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
QUORN SAUSAGE ROLL - CONTINUED													
PEA FIBRE													
DEXTROSE													
BLACK PEPPER													
POTASSIUM CHLORIDE													
FIRMING AGENT: CALCIUM ACETATE													
STABILISER: CARRAGEENAN													
NATURAL PEPPER FLAVOURING													
NUTMEG													
RAISING AGENT: AMMONIUM CARBONATE													
WHITE PEPPER													
STABILISER: SODIUM ALGINATE													
CARAMELISED SUGAR SYRUP													
MACE													
COLOUR: BEETROOT RED													
MARJORAM													
ACIDITY REGULATOR: CITRIC ACID													
COLOUR: BETA-CAROTENE													
GINGER													
PAPRIKA EXTRACT													
CAPSICUM EXTRACT													
BLACK PEPPER EXTRACT													
NUTMEG EXTRACT													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
VEGETARIAN CAESAR SALAD													
INGREDIENTS													
COS LETTUCE													
CHERRY TOMATOES													
AVOCADO													
FETA CHEESE							X						
SPRING ONION													
CROUTONS (GLUTEN FREE)													
POMEGRANATE SEEDS													
VEGAN CAESAR DRESSING													
VEGAN MAYO									X				
CAPERS													
DRIED OREGANO													
LEMON JUICE													
SALT													
PEPPERS													
SUGAR													
MUSTARD													
RAPESEED OIL													
WATER													
SPIRIT VINEGAR												X	
SUGAR													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
FALAFEL, GOATS CHEESE & BEETROOT SALAD													
INGREDIENTS													
COUSCOUS					X								
COOKED RED BEETROOT													
YELLOW BEETROOT													
CANDIED BEETROOT													
SPINACH & CHICKPEA BAKE					X								
ROCKET													
SLICED RED ONION													
FETA & GOATS CHEESE CRUMB							X						
TOASTED PUMPKIN SEEDS													
SWEET CHILLI MAYO									X				

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
HIGHFIELD THAI SALAD													
INGREDIENTS													
PAK CHOI													
CUCUMBER													
CARROT													
SPRING ONION													
CABBAGE													
AVOCADO													
FETA CHEESE							X						
TOASTED PUMPKIN SEEDS													
DICED RED CHILLI													
SLICED BEETROOT													
CHICKEN													
SWEET CHILLI SAUCE DRESSING													
WATER													
SUGAR													
PICKLED RED CHILLI													
GARLIC													
SALT													
VINEGAR													
THICKENER													
TAPIOCA STARCH													
ACIDITY REGULATOR (ACETIC ACID)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
BROWN RICE & QUINOA GREEK SALAD													
INGREDIENTS													
MIXED QUINOA & BROWN RICE					X								
SLICED BLACK OLIVES													
CHERRY TOMATOES													
DICED RED PEPPERS													
AVOCADO													
SWEETCORN													
SLICED RED ONION													
FETA CHEESE							X						
DILL, PARSLEY & GARLIC DRESSING													
DILL													
PARSLEY													
GARLIC													
OLIVE OIL													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
TUNA MELT PANINI													
WHEAT FLOUR (WITH ADDED CALCIUM, IRON, NIACIN, THAIMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT													
IMPROVER (CALCIUM SUPLHATE) SOY FLOUR											X		
EMULSIFIER													
TUNA				X									
SALT													
CHEDDAR							X						
RAPESEED OIL													
WATER													
PASTEURISED EGG YOLK			X										
SPIRIT VINEGAR												X	
SUGAR													
STARCH													
SALT													
MUSTARD SEEDS									X				
SPICES													
ANTIOXIDANT (CALCIUM DISODIUM EDTA) SWEETCORN													
MOZZARELLA CHEESE							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
CHICKEN, BASIL & MOZZARELLA PANINI													
INGREDIENTS													
WHEAT FLOUR, (WITH ADDED CALCIUM, IRON, NIACIN, THAIMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT													
IMPROVER (CALCIUM SUPPHATE) SOY FLOUR											X		
EMULSIFIER													
CHICKEN													
BASIL													
EXTRA VIRGIN OLIVE OIL													
GRATED MOZZERELLA (MILK)							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
TOMATO, BASIL OIL & MOZZARELLA PANINI													
INGREDIENTS													
WHEAT FLOUR, (WITH ADDED CALCIUM, IRON, NIACIN, THAIMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT, IMPROVER (CALCIUM SUPPHATE) SOY FLOUR											X		
EMULSIFIER													
PLUM TOMATO'S													
BASIL													
EXTRA VIRGIN OLIVE OIL													
GRATED MOZZERELLA (MILK)							X						
HAM & CHEESE PANINI													
WHEAT FLOUR, (WITH ADDED CALCIUM, IRON, NIACIN, THAIMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT, IMPROVER (CALCIUM SUPPHATE) SOY FLOUR											X		
EMULSIFIER													
HAM													
CHEESE							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
WHITE SUB ROLL													
(WHEAT FLOUR) (WITH ADDED CALCIUM CARBONATE, IRON, NIACIN, THAMIN)					X								
WATER													
MULTISEED FLOUR (WHEAT FLOUR, SUNFLOWER FEEDS, LINSEED, WHEAT BRAN, WHEAT GLUTEN, PUMPKIN SEEDS, DRIED WHEAT SOURDOUGH (WHEAT FLOUR, STARTER CULTURE))					X								
OAT FLAKES					X								
SUGAR													
SALT													
RAPESEED OIL													
CARAMEL													
WHEAT MALT FLOUR					X								
MALTODEXTRIN													
ENZYMES													
YEAST													
SHORTENING													
VEGETABLE OIL													
PALM AND RAPESEED OIL IN VARYING PROPORTIONS													
MALTED BARLEY FLOUR					X								
IMPROVER [CALCIUM SULPHATE, SOY FLOUR; EMULSIFIER]											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
MALTED SUB ROLL													
WHEAT FLOUR WITH ADDED CALCIUM CARBONATE, IRON, NIACIN, THAIMIN					X								
WATER													
MULTISEED FLOUR (WHEAT FLOUR					X								
SUNFLOWER FEEDS													
LINSEED													
WHEAT BRAN					X								
WHEAT GLUTEN					X								
PUMPKIN SEEDS													
DRIED WHEAT SOURDOUGH (WHEAT FLOUR, STARTER CULTURE)					X								
OAT FLAKES					X								
SUGAR													
SALT													
RAPESEED OIL													
CARAMEL													
WHEAT MALT FLOUR					X								
MALTODEXTRIN													
ENZYMES													
YEAST													
SHORTENING													
VEGETABLE OIL													
PALM AND RAPESEED OIL IN VARYING PROPORTIONS													
MALTED BARLEY FLOUR					X								
IMPROVER [CALCIUM SULPHATE, SOY FLOUR; EMULSIFIER]											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
AVOCADO, HOUSE SALAD & BEETROOT HUMMUS SUB ROLL - FILLING													
AVOCADO													
LOLLO ROSSO													
KALE													
SUMMER CRISP													
ROCKET													
RADICIO													
BEETROOT HUMMUS (COOKED BEETROOT, COOKED CHICKPEAS, WATER, RAPESEED OIL, TAHINI, SESAME SEED PASTE)										X			
TOMATOES													
CUCUMBER													
CARROT													
BACON, LETTUCE & TOMATO SUB ROLL - FILLING													
BACON													
LETTUCE													
TOMATO													
MILK							X						
SALT													
HAM - FILLING													
HAM													
BUTTER							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
CHEESE - FILLING													
CHEESE							X						
BUTTER							X						
VINTAGE CHEDDAR AND PICKLE SUB ROLL - FILLING													
BUTTER (MILK)							X						
CHEESE (MILK)							X						
PICKLE (CARROT, RUTABAGA, ONION, CAULIFLOWER)													
SUGAR													
BARLEY MALT VINEGAR					X							X	
SPIRIT VINEGAR												X	
WATER													
TOMATO PURÉE													
DATE PASTE													
APPLE PULP													
SALT													
MODIFIED MAIZE STARCH													
(SULPHITE AMMONIA CARAMEL) ONION POWDER												X	
CONCENTRATED LEMON JUICE													
SPICES													
COLOURING FOOD (ROASTED BARLEY MALT EXTRACT)					X								
HAM & CHEESE - FILLING													
CHEESE							X						
HAM													
BUTTER							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
TUNA & SWEETCORN - FILLING													
TUNA				X									
SWEETCORN													
MAYONAISE			X										
RAPESEED OIL													
WATER													
PASTEURISED EGG YOLK			X										
SPIRIT VINEGAR												X	
SUGAR													
STARCH													
SALT													
MUSTARD SEEDS									X				
SPICES													
ANTIOXIDANT (CALCIUM DISODIUM EDTA)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
CHICKEN, AVOCADO & MAYO - FILLING													
ROASTED CHICKEN													
AVOCADO													
RAPESEED OIL													
WATER													
PASTEURISED EGG YOLK			X										
SPIRIT VINEGAR												X	
SUGAR													
STARCH													
SALT													
MUSTARD SEEDS									X				
SPICES													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
PLANET PANCAKES													
PANCAKES			X		X		X						
CHOPPED BANANA													
BLUEBERRIES													
FRESH STRAWBERRIES													
CHOCOLATE SPREAD							X						
MAPLE SYRUP													
WHIPPED CREAM							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
CHEESE AND TOMATO MINI PIZZA - KIDS MENU													
INGREDIENTS									MC				
WHEAT FLOUR					X								
WATER													
TOMATO CONCENTRATE													
MOZZARELLA CHEESE (MILK) (17%)							X						
TOMATO (10%)													
RAPESEED OIL													
YEAST													
DURUM WHEAT SEMOLINA					X								
SALT													
MALTED WHEAT FLOUR					X								
BARLEY MALT EXTRACT					X								
HERBS (BASIL, OREGANO)													
WHEAT GLUTEN					X								
DEXTROSE													
BLACK PEPPER													
CARROT STICKS													
TOMATO & OREGANO DIPPING SAUCE													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
PHOENIX PASTA - KIDS MENU													
INGREDIENTS													
WHOLEMEAL PASTA					X								
TOMATO OREGANO SAUCE													
GARLIC BREAD													
INGREDIENTS													
WHEAT FLOUR, (WITH ADDED CALCIUM, IRON, NIACIN, THAIMIN)					X								
WATER													
NATURAL PRESERVE (WHEAT FLOUR, DRIED WHEAT, SOURDOUGH, ENZYMES, (PROCESSING AID) (WHEAT) YEAST					X								
SALT, IMPROVER (CALCIUM SUPHATE) SOY FLOUR											X		
EMULSIFIER													
BUTTER							X						
GARLIC													
TITAN TOPPED TOAST													
INGREDIENTS													
WHITE			MC		X		MC			MC	MC		MC
SOURDOUGH							MC			MC	MC		MC
WHOLEMEAL			MC		X		MC			MC	MC		MC
BUTTER							X						
VEGAN SPREAD													
SMASHED AVOCADO													
SCRAMBLED EGGS			X										
BAKED BEANS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
COSMIC LITTLE BIG BREAKFAST													
SAUSAGES					X							X	
BACON													
FRIED EGG			X										
HASHBROWN													
CHOPPED TOMATOES													
BAKED BEANS													
COSMIC LITTLE VEGGIE BREAKFAST													
VEGAN SAUSAGES					MC							MC	
EGGS			X										
HASH BROWNS													
HALLOUMI							X						
CHOPPED TOMATOES													
BAKED BEANS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SOUP - POTATO & LEEK													
INGREDIENTS													
LEEK													
POTATO													
ONION													
VEGETABLE STOCK													
VEGAN SPREAD													
SALT													
PEPPER													
SOUP - BUTTERNUT SQUASH													
INGREDIENTS													
ONION													
BUTTERNUT SQUASH													
SWEET POTATO													
GARLIC													
VEGAN SPREAD													
SALT													
PEPPER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SOUP - CARROT & CORIANDER													
INGREDIENTS													
CARROT													
ONION													
POTATO													
RED CHILLI													
CORIANDER													
VEGAN SPREAD													
SALT													
PEPPER													
SOUP - VEGETABLE SOUP													
INGREDIENTS													
BUTTERNUT SQUASH													
BEETROOT													
CAULIFLOUR													
BROCCOLI													
POTATO													
ONION													
CHOPPED TOMATO													
VEGETABLE STOCK													
VEGAN SPREAD													
SALT													
PEPPER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ROSEMARY FOCACIA													
INGREDIENTS							MC		MC	MC	MC		
WHEAT FLOUR					X								
WATER													
DURUM WHEAT SEMOLINA					X								
NON-HYDROGENATED SUNFLOWER OIL													
YEAST													
SALT													
BARLEY MALT EXTRACT					X								
EXTRA VIRGIN OLIVE OIL													
POTATO FLAKES (POTATO, TURMERIC)													
DEXTROSE													
ROSEMARY 0.6%													
FLOUR TREATMENT AGENT (E300)													
SUGAR													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
HONEYBUNS FRUIT FLAPJACK													
INGREDIENTS													X
ROLLED GLUTEN FREE OATS 32%					X								
SALTED BUTTER (MILK)							X						
GOLDEN SYRUP													
BROWN SUGAR													
SULTANAS 9% (SULTANAS, SUNFLOWER OIL)													
SWEETENED CRANBERRIES 7% (CRANBERRIES, SUGAR, SUNFLOWER OIL)													
ORANGE JUICE 3%													
SEA SALT													
HONEYBUNS OATY RASPBERRY BAR													
INGREDIENTS													X
ROLLED GLUTEN FREE OATS 22%					X								
GOLDEN DATE JUICE CONCENTRATE													
REFINED COCONUT OIL													
GLUTEN FREE OAT FLOUR 10%					X								
LIGHT MUSCOVADO SUGAR													
SULTANAS 8% (SULTANAS, SUNFLOWER OIL)													
GOLDEN GROUND FLAXSEED													
ICING SUGAR 5% (CANE, SUGAR, MAIZE STARCH)													
FREEZE DRIED RASPBERRY 3%													
WATER													
SEA SALT													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE FLAPJACK - BISCOFF													
INGREDIENTS					MC		MC				MC		MC
MARGARINE (VEGETABLE FAT, PALM; VEGETABLE OILS, RAPESEED; (RSPO SOURCED)													
WATER													
NATURAL FLAVOURING													
BROWN SUGAR													
TOASTED FLAKES OF GOKLEN CORN (MAIZE, SUGAR, BARLEY, MAT FWOURING, NIACIN, IRON, VITAMIN B2 (RIBOFLAVIN) VITAMIN B1 (THIAMIN) FOLIC ACID, VITAMIN D, VITAMIN B12)					X								
PARTIALLY INVERTED REFINERS SYRUP													
SELF RAISING FLOUR (WHEAT FLOUR, RAISING AGENTS E500, E450)					X								
OATS					X								
WHITE CHOCOLATE FLAVOUR COATING (SUGAR, PALM OIL (RSPO SOURCED, WHEY POWDER (MILK)							X						
FORTIFIED WHEAT FLOUR (WHEAT FLOUR) CALCIUM CARBONATE, IRON, NIACIN, THAMINE), EMULSIFIER (SOYA LECITHIN)					X								

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE FLAPJACK - BISCOFF - CONTINUED													
LOTUS BISCOFF SPREAD (ORIGINAL CARAMELISED BISCUITS 58% (WHEAT FLOUR, SUGAR, VEGETABLE OILS; PALM OIL FROM SUSTAINABLE AND CERTIFIED PLANTATIONS, RAPESEED OIL) CANDY SUGAR SYRUP, RAISING AGENT (SODIUM HYDROGEN CARBONATE), SOYA FLOUR, SALT, CINNAMON) RAPESEED OIL, SUGAR, EMULSIFIER SOYA LECITHIN, CITRIC ACID)											X		
LOTUS BISCOFF BISCUIT (ORIGINAL CARAMELISED BISCUITS 58% (WHEAT FLOUR, SUGAR, VEGETABLE OILS; PALM OIL FROM SUSTAINABLE AND CERTIFIED PLANTATIONS, RAPESEED OIL) CANDY SUGAR SYRUP, RAISING AGENT (SODIUM HYDROGEN CARBONATE), SOYA FLOUR, SALT, CINNAMON)											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE FLAPJACK - STEM GINGER													
INGREDIENTS							MC				MC		MC
MARGARINE (VEGETABLE FAT, PALM; VEGETABLE OILS, RAPESEED; (RSPO SOURCED) WATER													
NATURAL FLAVOURING													
BROWN SUGAR													
TOASTED FLAKES OF GOLDEN CORN (MAIZE, SUGAR, BARLEY, MALT FLAVOURING NIACIN, IRON, VITAMIN B2 (RIBOFLAVIN) VITAMIN B1 (THIAMIN), FOLIC ACID, VITAMIN D, VITAMIN B12)					X								
GINGER CRUSH 11.7% (STEM GINGER, SUGAR, WATER) PARTIALLY INVERTED REFINERS SYRUP													
SELF-RAISING FLOUR (WHEAT FLOUR, RAISING AGENTS E500, E450)													
WHOLEGRAIN OATS					X								
GROUND GINGER 0.5%													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE FLAPJACK - WHITE CHOCOLATE MILLIONAIRE SLICE													
INGREDIENTS					MC		MC				MC		MC
LUXURY CARAMEL 41.5% (SWEETENED CONDENSED SKIMMED MILK, GLUCOSE SYRUP (SULPHITES), INVERT SUGAR SYRUP, PALM OIL, BUTTER (MILK), SUGAR, EMULSIFIER: E471, STABILISER: PECTIN, SALT, NATURAL FLAVOURING)							X					X	
WHITE CHOCOLATE FLAVOUR COATING 20.7% (SUGAR, PALM OIL (RSPO SOURCED), WHEY POWDER (MILK), FORTIFIED WHEAT FLOUR (WHEAT FLOUR) CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), EMULSIFIER (SOYA LECITHIN), WHEAT FLOUR 18.3% (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN (B3), THIAMINE (B1), ASCORBIC ACID), SALTED BUTTER 13% (MILK), SALT, FAT 80% MIN), SUGAR 6.5%					X		X				X		
LOTUS BISCOTT SPREAD 1% (ORIGINAL CARAMELISED BISCUITS 58% (WHEAT FLOUR, SUGAR, VEGETABLE OILS; PALM OIL FROM SUSTAINABLE AND CERTIFIED PLANTATIONS, RAPESEED OIL) CANDY SUGAR SYRUP, RAISING AGENT (SODIUM HYDROGEN CARBONATE), SOYA FLOUR, SALT, CINNAMON) RAPESEED OIL, SUGAR, EMULSIFIER SOYA LECITHIN, CITRIC ACID)											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE FLAPJACK - CHOCOLATE ORANGE													
INGREDIENTS					MC		MC				MC		MC
BROWN SUGAR													
MARGARINE (VEGETABLE FAT, PALM; VEGETABLE OILS, RAPESEED; (RSPO SOURCED) WATER, NATURAL FLAVOURING													
TOASTED FLAKES OF GOLDEN CORN (MAIZE, SUGAR, BARLEY, MALT FLAVOURING, NIACIN, IRON, VITAMIN B2 (RIBOFLAVIN) VITAMIN B1 (THIAMIN) FOLIC ACID, VITAMIN D, VITAMIN B12)					X								
PARTIALLY INVERTED REFINERS SYRUP													
SELF RAISING FLOUR (WHEAT FLOUR, RAISING AGENTS E500, E450)													
OATS					X								
TERRYS CHOCOLATE ORANGE SEGMENT (SUGAR, COCOA MASS, COCOA BUTTER, SKIMMED MILK POWDER, WHEY POWDER (FROM MILK), VEGETABLE FATS (PALM, SHEA), MILK FAT, EMULSIFIERS (SOYA LECITHINS, E476), ORANGE OIL, FLAVOURING, MILK SOLIDS 14 % MINIMUM, COCOA SOLIDS 25 % MINIMUM, CONTAINS VEGETABLE FATS IN ADDITION TO COCOA BUTTER), BAKERS DARK CHOCOLATE FLAVOURING (SUGAR, PALM OIL, FAT REDUCED COCOA POWDER, FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WHEY POWDER (MILK), EMULSIFIERS: SOYA LECITHIN, E476; NATURAL FLAVOURING) CONCENTRATED ORANGE LIQUID FLAVOUR 1%							X				X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
METCALFE MILK CHOCOLATE RICE CAKE													
INGREDIENTS													MC
MILK CHOCOLATE 60% (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS EMULSIFIER: SOYA LECITHIN, NATURAL VANILLA FLAVOURING)							X				X		
RICE CAKE 40% (WHOLEGRAIN BROWN RICE, RICE)													
(MINIMUM COCOA SOLIDS 39%)													
METCALFE DARK CHOCOLATE RICE CAKE													
INGREDIENTS							MC						MC
DARK CHOCOLATE 60% (SUGAR, COCOA MASS, COCOA BUTTER, EMULSIFIER: SOYA LECITHIN, NATURAL VANILLA FLAVOURING)											X		
RICE CAKE 40% (WHOLEGRAIN BROWN RICE, RICE). (MINIMUM COCOA SOLIDS 53%)													
METCALFE RICECAKES - YOGHURT AND STRAWBERRY													
INGREDIENTS													
YOGHURT FLAVOURED COATING 58% (SUGAR, PALM OIL, LACTOSE POWDER (MILK), YOGHURT POWDER (MILK) (6%), EMULSIFIER: SOYA LECITHIN)							X				X		
WHOLEGRAIN BROWN RICE, FREEZE DRIED STRAWBERRIES (2%)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
DIVINE WHITE CHOCOLATE BAR													
INGREDIENTS					MC		X						MC
FAIRTRADE SUGAR													
FAIRTRADE COCOA BUTTER													
SKIMMED MILK POWDER							X						
BUTTERFAT (MILK)													
EMULSIFIER: SUNFLOWER LECITHIN													
FAIRTRADE VANILLA													
DIVINE MILK CHOCOLATE BAR													
INGREDIENTS					MC		X						MC
FAIRTRADE SUGAR													
FAIRTRADE COCOA BUTTER													
DRIED CREAM (MILK)							X						
WHOLE MILK POWDER													
FAIRTRADE COCOA MASS													
EMULSIFIER: SUNFLOWER LECITHIN													
FAIRTRADE VANILLA													
DIVINE DARK CHOCOLATE BAR													
INGREDIENTS					MC		X						MC
FAIRTRADE COCOA MASS													
FAIRTRADE SUGAR													
FAIRTRADE COCOA BUTTER													
EMULSIFIER: SUNFLOWER LECITHIN													
FAIRTRADE VANILLA													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
FAIRFIELDS FARM CRISPS - ROAST RIB OF BEEF													
INGREDIENTS													
POTATOES													
SUNFLOWER OIL													
YEAST EXTRACTS													
ONION POWDER													
RICE FLOUR													
SUGAR													
SALT													
PAPRIKA													
NATURAL FLAVOURINS													
CITRIC ACID													
PAPRIKA EXTRACT													
FAIRFIELDS FARM CRISPS - LIGHTLY SEA SALTED													
POTATOES													
SUNFLOWER OR RAPESEED OIL													
SALT													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
FAIRFIELDS FARM CRISPS - SWEET CHILLI													
INGREDIENTS													
POTATOES													
VEGETABLE OIL (SUNFLOWER OIL AND RAPESEED OIL IN VARYING PROPORTIONS)													
SUGAR													
DEXTROSE													
SALT													
ONION POWDER													
YEAST EXTRACTS													
GARLIC POWDER													
CAYENNE													
FENNEL													
PAPRIKA													
NATURAL FLAVOURINGS													
CITRIC ACID													
TOMATO POWDER													
PAPRIKA EXTRACT													
BASIL													
LIQUORICE POWDER 0.5%													
CHINA STAR ANISE													
SPICE EXTRACTS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
FAIRFIELDS FARM CRISPS - SEA SALT & ASPALL CYDER VINEGAR													
POTATOES													
OIL (SUNFLOWER OR RAPESEED OIL IN VARYING PROPORTIONS)													
CYDER VINEGAR POWDER													
SEA SALT													
MALTODEXTRIN													
RICE FLOUR													
CITRIC ACID													
YEAST EXTRACT POWDER													
FAIRFIELDS FARM CRISPS - CHEESE & ONION													
POTATOES													
VEGETABLE OIL (SUNFLOWER OIL & RAPESEED OIL IN VARYING PROPORTIONS)													
ONION POWDER													
YEAST EXTRACT													
VEGETABLE FAT POWDER (HIGH OLEIC SUNFLOWER OIL, GLUCOSE SYRUP, MODIFIED STARCH)													
SUGAR													
SALT													
YEAST POWDER													
GARLIC POWDER													
NATURAL FLAVOURINGS													
LACTIC ACID													
CITRIC ACID													
PAPRIKA EXTRACT													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
POM BEAR READY SALTED													
DRIED POTATO													
SUNFLOWER OIL (25%)													
MAIZE STARCH													
POTATO STARCH													
MAIZE DEXTRIN													
SUGAR													
SALT													
YEAST EXTRACT													
EMULSIFIER: MONO-AND DIGLYCERIDES OF FATTY ACIDS													
PAPRIKA POWDER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
GRENADE OREO BAR													
INGREDIENTS													X
PROTEIN BLEND (CALCIUM CASEINATE (MILK)							X						
WHEY PROTEIN ISOLATE (MILK)							X						
MILK CHOCOLATE WITH SWEETENER (20%) (SWEETENER: MALTITOL; COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS, EMULSIFIER: SOY LECITHIN; NATURAL FLAVOURING)							X				X		
BOVINE COLLAGEN HYDROLYSATE													
HUMECTANT: GLYCEROL; SWEETENERS: MALTITOL, SUCRALOSE; PALM OIL, WATER													
FAT - REDUCED COCOA POWDER (3%)													
WHEAT FLOUR					X								
WHEAT STARCH					X								
RAPESEED OIL													
BULKING AGENT: POLYDEXTROSE; SEA SALT													
EMULSIFIER: SOY LECITHIN; RAISING AGENTS: AMMONIUM CARBONATES, SODIUM CARBONATES											X		
ACIDITY REGULATOR: SODIUM HYDROXIDE; FLAVOURING													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SUMMER FRUIT POT													
INGREDIENTS													
MELON (CANTALOUPE, HONEYDEW, WATERMELON)													
STRAWBERRIES													
BLUEBERRIES													
LEMON JUICE													
TROPICAL FRUIT POT													
INGREDIENTS													
MANGO													
KIWI													
STRAWBERRIES													
PINEAPPLE													
SHREDDED COCONUT													
LEMON JUICE													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
NORTHERN BLOC ICE CREAM - MADAGASCAN BOURBON VANILLA													
INGREDIENTS													
MILK							X						
CREAM (MILK)(20%)							X						
SUGAR													
GLUCOSE SYRUP													
SKIMMED MILK POWDER							X						
MADAGASCAN VANILLA EXTRACT													
EMULSIFIER (MONO- AND DIGLYCERIDES OF FATTY ACIDS)													
STABILISERS (CAROB GUM, GUAR GUM)													
VANILLA BEAN SEED													
NATURAL FLAVOURING													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
NORTHERN BLOC ICE CREAM - PEPPERMINT CHIP													
INGREDIENTS													
MILK							X						
SUGAR													
CREAM (MILK)(5%)							X						
DRIED GLUCOSE SYRUP													
DARK CHOCOLATE CHIPS (4.5%)(SUGAR, COCOA MASS, COCOA BUTTER, EMULSIFIER (SOYA LECITHIN), VANILLA EXTRACT)											X		
SKIMMED MILK POWDER							X						
BAMBOO FIBRE													
STABILISERS (ACACIA GUM, CAROB GUM)													
CONCENTRATED WHEY PROTEIN (MILK)							X						
CITRUS FIBRE													
NATURAL MINT FLAVOURING													
SAFFLOWER AND LEMON CONCENTRATES													
SPIRULINA EXTRACT													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
NORTHERN BLOC ICE CREAM - SALTED CARAMEL													
INGREDIENTS													
WATER													
SUGAR													
DRIED GLUCOSE SYRUP													
RICE SYRUP													
COCONUT MILK POWDER													
MALTODEXTRIN													
CARAMEL SYRUP													
COCONUT OIL													
INULIN													
TAPIOCA STARCH													
GELLING AGENT (PECTIN)													
SEA SALT													
BAMBOO FIBRE													
PEA PROTEIN													
EMULSIFIER (SUNFLOWER LECITHIN)													
CITRUS FIBRE													
FLAVOURING													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
NORTHERN BLOC - KIDS ICE CREAM - CRAZY CHOCOLATE													
MILK							X						
CREAM							X						
GLUCOSE SYRUP													
FRUCTOSE													
SKIMMED MILK POWDER							X						
INULIN													
COCOA POWDER													
STABILISERS (CAROB GUM, ACACIA GUM, GUAR GUM)													
NATURAL FLAVOURING													
NORTHERN BLOC - KIDS ICE CREAM - SUPER STRAWBERRY													
MILK,							X						
STRAWBERRY PUREE													
CREAM							X						
GLUCOSE SYRUP													
FRUCTOSE													
SKIMMED MILK POWDER							X						
INULIN													
STABILISERS (CAROB GUM, ACACIA GUM, GUAR GUM)													
NATURAL FLAVOURING													
COLOURS (BEETROOT RED, CAROTENES)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
NORTHERN BLOC - DOG ICE CREAM													
WATER													
STRAWBERRY PUREE													
FRUCTOSE													
COCONUT OIL													
HYDROLISED PEA PROTEIN													
STABILISERS (LOCUST BEAN GUM, ACACIA GUM, GUAR GUM)													
NATURAL FLAVOURING													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - TRIPLE CHOCOLATE BROWNIES													
INGREDIENTS													
CASTER SUGAR													
UNSALTED BUTTER							X						
DARK CHOCOLATE (COCOA MASS, SUGAR, COCOA BUTTER, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)											X		
EGG			X										
FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN THIAMIN)					X								
WHITE CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)							X				X		
MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)							X				X		
COCOA POWDER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - CARROT CAKE													
CARROT													
LIGHT BROWN SOFT PURE CANE SUGAR (CANE SUGAR, CANE MOLASSES)													
WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN THIAMIN, RAISING AGENTS, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE)					X								
SUNFLOWER OIL													
EGG			X										
ICING SUGAR (ICING SUGAR, ANTICAKING AGENT, TRICALCIUM PHOSPHATE)													
UNSALTED BUTTER							X						
ORANGE JUICE													
MIXED SPICE													
ORANGE ZEST													
GROUND CINNAMON													
GROUND GINGER													
GROUND NUTMEG													
BICARB OF SODA													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - ROCKY ROAD													
DIGESTIVE BISCUITS					X								
DARK CHOCOLATE (COCOA MASS, SUGAR, COCOA BUTTER, EMULSIFIER, SOYA LETHICIN, NATURAL VANILLA FLAVOURING)											X		
PLANT BUTTER (PLANT OILS (COCONUT, RAPESEED, SUNFLOWER)													
WATER													
SALT													
FABA BEAN PREPARATION													
EMULSIFIER													
LECITHIN													
NATURAL FLAVOURING													
COLOUR													
MARSHMALLOWS (SUGAR, GLUCOSE, FRUCTOSE SYRUP, WATER, MAIZE STARCH, DEXTROSE, TAPIOCA STARCH, GELLING AGENT, CARRAGEENAN, HYDROLIZED RICE PROTEIN, NATURAL VANILLA FLAVOUR)													
GOLDEN SYRUP													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - ROCKY ROAD EXTRAS													
DRIED CRANBERRIES													
GLACE CHERRIES: CHERRIES; GLUCOSE-FRUCTOSE SYRUP; SUGAR; ACIDITY REGULATOR: CITRIC ACID; PRESERVATIVES: POTASSIUM SORBATE; SULPHUR DIOXIDE; COLOUR: ERYTHROSINE												X	
BISCOFF BISCUITS: WHEAT FLOUR, SUGAR, VEGETABLE OIL (PALM OIL FROM SUSTAINABLE & CERTIFIED PLANTATIONS, RAPESEED OIL) & FAT, CANDY SUGAR SYRUP, RAISING AGENT (SODIUM HYDROGEN CARBONATE), SOYA FLOUR, SALT, CINNAMON					X						X		
BISCOFF SMOOTH SPREAD: CARAMELISED BISCUITS (WHEAT FLOUR, SUGAR, VEGETABLE OILS (PALM*, RAPESEED), CANDY SUGAR SYRUP, RAISING AGENT (SODIUM HYDROGEN CARBONATE), SOYA FLOUR, SALT, CINNAMON), RAPESEED OIL, SUGAR, EMULSIFIER (LECITHINS (SOYA)), ACID (CITRIC ACID). *PALM OIL FROM SUSTAINABLE AND CERTIFIED PLANTATIONS					X						X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - MILLIONAIRE SHORTBREAD													
CONDENSED MILK (WHOLE MILK, SUGAR)							X						
UNSALTED BUTTER (MILK)							X						
GLUTEN FREE PLAIN WHITE FLOUR					X								
LIGHT BROWN SOFT PURE CANE SUGAR (CANE SUGAR, CANE MOLASSES)													
MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING)							X				X		
CASTER SUGAR													
GOLDEN SYRUP (PARTIALLY INVERTED REFINERS SYRUP)													
XANTHAN GUM			X										
VANILLA EXTRACT (INVERT SUGAR SYRUP, GLUCOSE SYRUP; WATER; VANILLA EXTRACT)													
SALT													
ELLY'S BAKES - MILLIONAIRE SHORTBREAD EXTRAS													
WHITE CHOCOLATE; SUGAR; COCOA BUTTER; WHOLE MILK POWDER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVORING							X				X		
DARK CHOCOLATE & SEA SALT; DARK CHOCOLATE (COCOA MASS; SUGAR; COCOA BUTTER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING); SEA SALT											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - MALTEASER TIFFIN													
MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, COCOA MASS, EMULSIFIER: LECITHINS (SOYA), NATURAL VANILLA FLAVOURING)							X				X		
WHITE CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, EMULSIFIER: LECITHIN (SOYA), NATURAL VANILLA FLAVOURING)							X				X		
MALTESERS (SUGAR, SKIMMED MILK POWDER, COCOA BUTTER, GLUCOSE SYRUP, BARLEY MALT EXTRACT, COCOA MASS, PALM FAT, LACTOSE AND PROTEIN FROM WHEY (FROM MILK), MILK FAT, WHEAT FLOUR, EMULSIFIERS (SOYA LECITHIN, E492), PALM OIL, RAISING AGENTS (E341, E500, E501), SALT, GLAZING AGENT (PECTIN), NATURAL VANILLA EXTRACT)							X						
DIGESTIVE BISCUITS (WHEAT FLOUR (WHEAT FLOUR; CALCIUM CARBONATE; NIACIN; IRON; THIAMIN); PALM OIL					X								
WHOLEMEAL WHEAT FLOUR					X								
SUGAR													
PARTIALLY INVERTED SUGAR SYRUP													
RAISING INGREDIENTS: SODIUM HYDROGEN CARBONATE, AMMONIUM HYDROGEN CARBONATE; SALT)													
UNSALTED BUTTER (MILK)						X							
GOLDEN SYRUP (PARTIALLY INVERTED REFINERS SYRUP)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - MINT AERO TIFFIN													
DARK CHOCOLATE: DARK CHOCOLATE (COCOA MASS; SUGAR; COCOA BUTTER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING)											X		
UNSALTED BUTTER (MILK)			X				X						
GOLDEN SYRUP (PARTIALLY INVERTED REFINERS SYRUP)													
DIGESTIVE BISCUITS (WHEAT FLOUR (WHEAT FLOUR; CALCIUM CARBONATE; NIACIN; IRON; THIAMIN); PALM OIL					X								
AERO PEPPERMINT BUBBLES; SUGAR, VEGETABLE FATS (PALM, SHEA, SAL), WHEY POWDER PRODUCT (MILK), WHOLE MILK POWDER, GLUCOSE SYRUP, COCOA BUTTER, COCOA MASS, SKIMMED MILK POWDER, BUTTERFAT (MILK), EMULSIFIER (LECITHINS), GLAZING AGENTS (GUM ARABIC, POLYDEXTROSE), SUNFLOWER OIL, FLAVOURING, COLOURS (COPPER COMPLEXES OF CHLOROPHYLLINS, CURCUMIN)							X						
WHITE CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, EMULSIFIER: LECITHIN (SOYA), NATURAL VANILLA FLAVOURING)											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - TIFFIN EXTRAS													
OREO: WHEAT FLOUR, SUGAR, PALM OIL, RAPESEED OIL, FAT REDUCED COCOA POWDER 4,3 %, WHEAT STARCH, GLUCOSE-FRUCTOSE SYRUP, RAISING AGENTS (AMMONIUM CARBONATES, POTASSIUM CARBONATES, SODIUM CARBONATES), SALT, EMULSIFIER (SOYA LECITHINS), ACIDITY REGULATOR (SODIUM HYDROXIDE), FLAVOURING					X						X		
SMARTIE: SUGAR, SKIMMED MILK POWDER, COCOA MASS, COCOA BUTTER, WHEAT FLOUR, BUTTERFAT (FROM MILK), LACTOSE AND PROTEINS FROM WHEY (FROM MILK), RICE STARCH, EMULSIFIER (LECITHINS), COLOURS (BEETROOT RED, CAROTENE, CURCUMIN), NATURAL FLAVOURING, SPIRULINA CONCENTRATE, GLAZING A, AGENTS (CARNAUBA WAX, BEESWAX WHITE), FRUIT AND VEGETABLE CONCENTRATES (SAFFLOWER, RADISH), BARLEY MALT EXTRACT					X		X						
DARK CHOCOLATE: COCOA MASS; SUGAR; COCOA BUTTER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING											X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - WHITE CHOCOLATE & RASPBERRY BLONDIE													
WHITE SUGAR													
EGG			X										
WHITE CHOCOLATE (SUGAR; COCOA BUTTER; WHOLE MILK POWDER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING)							X				X		
UNSALTED BUTTER (MILK);							X						
FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN AND THIAMIN)					X								
RASPBERRY													
ELLY'S BAKES CINNAMON SWIRL BLONDIE													
INGREDIENTS													MC
CASTER SUGAR													
EGGS			X										
UNSALTED BUTTER (MILK);							X						
WHITE CHOCOLATE (SUGAR; COCOA BUTTER; WHOLE MILK POWDER; EMULSIFIER: SOYA LETHICIN; NATURAL VANILLA FLAVOURING)							X				X		
PLAIN FLOUR FORTIFIED WHEAT FLOUR - (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE)					X								
CINNAMON													
LIGHT BROWN SUGAR (CANE SUGAR, CANE MOLLASSES)													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
ELLY'S BAKES - CRANBERRY, APPLE & CINNAMON FLAPJACK													
UNSALTED BUTTER (MILK);							X						
DEMERARA SUGAR													
GOLDEN SYRUP													
VANILLA EXTRACT													
GLUTEN FREE PORRIDGE OATS													
GRATED APPLE													
DRIED CRANBERRIES													
CINNAMON													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE PUDDING WRAP - CHICKEN													
INGREDIENTS													
YORKSHIRE PUDDING WRAP - WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN THIAMIN), WATER, WHOLE EGG, EGG WHITE, RAPESEED OIL, SKIMMED MILK POWDER, SALT			X		X		X						
PULLED CHICKEN (COOKED WITH CARROTS, ONIONS, BABY CORN, SUGAR SNAP PEAS, SALT, PEPPER, THYME & ROSEMARY)													
KNORRS GRAVY - MALTODEXTRIN, STARCH, FLAVOURINGS, SALT, ONION POWDER*, SUGAR, CARAMEL SYRUP, THICKENER (GUAR GUM), SAGE, CHICKEN STOCK													
SAGE & ONION STUFFING - BREADCRUMBS (WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), YEAST, SALT), ONION, SALT, RAPESEED OIL, FLAVOURING, PARSLEY, SAGE					X								

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE PUDDING WRAP - BEEF													
INGREDIENTS													
YORKSHIRE PUDDING WRAP - WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN THIAMIN), WATER, WHOLE EGG, EGG WHITE, RAPESEED OIL, SKIMMED MILK POWDER, SALT			X		X		X						
PULLED BEEF SHIN (COOKED WITH CARROTS, ONIONS, BABY CORN, SUGAR SNAP PEAS, SALT, PEPPER, THYME & ROSEMARY)													
KNORRS GRAVY - MALTODEXTRIN, STARCH, FLAVOURINGS, SALT, ONION POWDER*, SUGAR, CARAMEL SYRUP, THICKENER (GUAR GUM), SAGE, BEEF STOCK													
SAGE & ONION STUFFING - BREADCRUMBS (WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), YEAST, SALT), ONION, SALT, RAPESEED OIL, FLAVOURING, PARSLEY, SAGE					X								

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE PUDDING WRAP - VEGAN SAUSAGE													
INGREDIENTS													
YORKSHIRE PUDDING WRAP - WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN THIAMIN), WATER, WHOLE EGG, EGG WHITE, RAPESEED OIL, SKIMMED MILK POWDER, SALT			X		X		X						
VEGAN SAUSAGE					MC							MC	
KNORRS GRAVY - MALTODEXTRIN, STARCH, FLAVOURINGS, SALT, ONION POWDER*, SUGAR, CARAMEL SYRUP, THICKENER (GUAR GUM), SAGE (SUITABLE FOR VEGETARIAN & VEGAN)													
SAGE & ONION STUFFING - BREADCRUMBS (WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), YEAST, SALT), ONION, SALT, RAPESEED OIL, FLAVOURING, PARSLEY, SAGE					X								

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
YORKSHIRE PUDDING WRAP SIDES													
INGREDIENTS													
ROAST POTATOES - COOKED IN VEGETABLE OIL, SEASONED WITH SALT, PEPPER AND THYME AND ROSEMARY													
KNORRS GRAVY - MALTODEXTRIN, STARCH, FLAVOURINGS, SALT, ONION POWDER*, SUGAR, CARAMEL SYRUP, THICKENER (GUAR GUM), SAGE (SUITABLE FOR VEGETARIAN & VEGAN)													
HORSERADDISH SAUCE - WATER, RECONSTITUTED DRIED HORSERADISH (24%), RAPESEED OIL, HORSERADISH (4.5%), SUGAR, MODIFIED STARCH, ACIDITY REGULATOR (ACETIC ACID), DOUBLE CREAM (MILK) (3.5%), SPIRIT VINEGAR, PASTEURISED RECONSTITUTED DRIED EGG, SALT, DRIED TURNIP, MUSTARD FLOUR, PRESERVATIVES (POTASSIUM SORBATE, SODIUM METABISULPHITE)			X				X		X			X	
CRANBERRY SAUCE - CRANBERRIES (40%), SUGAR, WATER, GELLING AGENT : PECTIN, ACIDITY REGULATORS CITRIC ACID AND SODIUM CITRATE, PRESERVATIVE: POTASSIUM SORBATE													
WHOLEGRAIN MUSTARD - WATER, MUSTARD SEED (30%), WHITE WINE VINEGAR, SPIRIT VINEGAR, SUGAR, MUSTARD FLOUR (4%), SALT, GROUND CINNAMON, GROUND PIMENTO, GROUND TURMERIC									X				

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
VICTORIA SPONGE - ARTISAN BAKES													
INGREDIENTS			MC		MC		MC				MC	MC	MC
VICTORIA SPONGE: VEGETABLE FAT (PALM, VEGETABLE OIL, RAPESEED, WATER, SALT, NATURAL FLAVOURING), CASTER SUGAR, WHEAT FLOUR ((CONTAINS CALCIUM, IRON, NIACIN, THIAMIN), RAISING AGENTS (SODIUM PYROPHOSPHATE, SODIUM BICARBONATE)), PASTEURISED LIQUID EGG, BAKING POWDER, VEGETABLE GLYCERINE (DERIVED FROM RAPESEED).			X		X								
VANILLA BUTTERCREAM (20%): ICING SUGAR, UNSALTED BUTTER (MILK), VEGETABLE FAT (PALM, VEGETABLE OIL, RAPESEED, WATER, SALT, NATURAL FLAVOURING, WATER, MONOPROPYLENE GLYCOL), VANILLA ESSENCE (WATER, MONOPROPYLENE GLYCOL, COLOUR (CARAMEL E150A), FLAVOURINGS).							X						
RASPBERRY JAM (10%): SUGAR, RASPBERRIES, GELLING AGENT, CITRIC ACID. SWEET SNOW: DEXTROSE, CORNFLOUR, VEGETABLE OIL (PALM). RELEASE SPRAY: RAPESEED OIL, EMULSIFIERS (SUNFLOWER LECITHIN (E322), MONO AND DIGLYCERIDES OF FATTY ACID (E471)), PROPELLENT GASES (BUTANE, PROPANE).													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
CHOCOCY TREAT CAKE													
INGREDIENTS			MC		MC		MC			MC	MC	MC	MC
CHOCOLATE CAKE (66%): SUGAR, WHEAT FLOUR ((CONTAINS CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), RAISING AGENTS (SODIUM PYROPHOSPHATE, SODIUM BICARBONATE)), MILK, WATER, RAPESEED OIL, PASTEURISED WHOLE EGG, COCOA POWDER (5%), DARK CHOCOLATE CHIPS (SUGAR, COCOA MASS COCOA BUTTER, FAT REDUCED COCOA POWDER EMULSIFIERS (SUNFLOWER LECITHINS AND E476), FLAVOUR, (MINIMUM COCOA SOLID CONTENT 54%)), BAKING POWDER (RAISING AGENTS (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), FORTIFIED WHEAT FLOUR (WITH CALCIUM, IRON, NIACIN, THIAMIN), FREEZE DRIED COFFEE, VANILLA ESSENCE (WATER, MONOPROPYLENE GLYCOL, COLOUR (CAMEL E150A), FLAVOURINGS).			X		X		X						
GANACHE (27%): DOUBLE CREAM (MILK), DARK CHOCOLATE (COCOA MASS, SUGAR, COCOA BUTTER, EMULSIFIER (SOYA LECITHINS), NATURAL VANILLA FLAVOURING, CHOCOLATE CONTAINS COCOA SOLIDS 39.1%).							X				X		
BUTTERCREAM: ICING SUGAR, UNSALTED BUTTER (MILK), VEGETABLE FAT (PALM, VEGETABLE OIL, RAPESEED, WATER, SALT, NATURAL FLAVOURING), VANILLA ESSENCE (WATER, MONO-PROPYLENE GLYCOL, COLOUR (CAMEL E150A), FLAVOURINGS).							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
CHOCOCY TREAT CAKE - CONTINUED													
MALTEASER (1%): SUGAR, SKIMMED MILK POWDER, COCOA BUTTER, GLUCOSE SYRUP, BARLEY MALT EXTRACT, COCOA MASS, PALM FAT, LACTOSE, AND PROTEIN FROM WHEY (FROM MILK), WHEY POWDER (FROM MILK), MILK FAT, WHEAT FLOUR, EMULSIFIERS (SOYALECITHIN, E492), PALM KERNEL OIL, RAISING AGENTS, WHEAT GLUTEN (E341, E500, E501), SALT, GLAZING AGENT (PECTIN), NATURAL VANILLA EXTRACT. ROLO (2.5%): GLUCOSE SYRUP, SUGAR, WHOLE SKIMMED MILK POWDER, INVERT SUGAR SYRUP, VEGETABLE FAT (PALM/SHEA/MANGOKERNEL/SAL), COCOA MASS, COCOA BUTTER, SWEETENED CONDENSED SKIMMED MILK, LACTOSE AND PROTEINS FROM WHEY (FROM MILK), WHEY POWDER (FROM MILK), BUTTERFAT (FROM MILK) EMULSIFIER (SUNFLOWER LECITHIN), SALT, FLAVOURING. RELEASE SPRAY: RAPESEED OIL, EMULSIFIERS (SUNFLOWER LECITHIN (E322), MONO- AND DIGLYCERIDES OF FATTY ACID (E471)), PROPELLANT GASES (BUTANE, PROPANE).					X		X				X		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE CHEESE ONE													
INGREDIENTS													
YORKSHIRE BLUE CHEESE							X						
EAST BARN BRIE							X						
CORNISH YARG CHEESE							X						
SMOKED MRS KIRKHAM CHEESE							X						
COMTE CHEESE							X						
RED ONION CHUTNEY - BALSAMIC GLAZE, SUGAR, BLACK PEPPER												X	
RED PEPPER & CHILLI JAM - RED PEPPERS, CHILLI, RED ONION, ROSEMARY, BALSAMIC GLAZE, BROWN SUGAR												X	
GRAPES													
APPLE													
ROSEMARY FOCACCIA BREAD - WHEAT FLOUR, WATER, DURUM WHEAT SEMOLINA, NON-HYDROGENATED SUNFLOWER OIL, YEAST, SALT, BARLEY MALT EXTRACT, EXTRA VIRGIN OLIVE OIL, POTATO FLAKES (POTATO, TURMERIC), DEXTROSE, SUGAR, ROSEMARY 0.6%, FLOUR TREATMENT AGENT (E300)					X		MC		MC	MC	MC		
JACOB'S SALT & CRACKED BLACK PEPPER CRACKERS - FLOUR (WHEAT FLOUR, CALCIUM, IRON, NIACIN, THIAMIN), VEGETABLE OIL (PALM), SALT, BLACK PEPPER, POPPY SEEDS, RAISING AGENT (SODIUM BICARBONATE)					X		MC			MC			

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE CHEESE ONE - CONTINUED													
MILTON ORIGINAL MULTIGRAIN CRACKERS - WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, GRAINS (10%) (CORN, OATS, WHEAT BRAN), WHOLE WHEAT FLOUR, SUGAR, RAISING AGENTS (AMMONIUM HYDROGEN CARBONATE, SODIUM HYDROGEN CARBONATE, MONOCALCIUM PHOSPHATE), SUGAR CANE SYRUP, SESAME SEEDS (3%), SALT, POPPY SEEDS					X		MC			X			
PETER'S YARD ROSEMARY & SEA SALT SOURDOUGH CRACKERS - WHEAT FLOUR (WHEAT FLOUR, CALCIUM, IRON, THIAMIN, NIACIN), RYE FLOUR, SOURDOUGH 21% (RYE FLOUR, WATER), RAPESEED OIL, SEA SALT (CORNISH) 1%, MUSCOVADO SUGAR, DRIED ROSEMARY LEAVES 0.5%, DRIED THYME LEAVES, BLACK PEPPER					X		MC			MC			MC
CARRS MELTS CHEESE CRACKERS - WHEAT FLOUR, VEGETABLE OILS (COCONUT, PALM), DRIED CHEESE POWDER (9%) (MILK), SUGAR, DRIED ONION, NATURAL FLAVOURING (CONTAINS DRIED WHEY (MILK), LACTOSE (MILK)), RAISING AGENTS (AMMONIUM BICARBONATE, SODIUM BICARBONATE), POPPY SEEDS, SALT, COLOUR (CAROTENES)					X		X			MC	MC		
OREGANO CROSTINI - ITALIAN BREAD BITES - WHEAT FLOUR, MAIZE FLOUR, OLIVE OIL (15%), SALT, YEAST, OREGANO (0.35%), MALTED WHEAT FLOUR					X		MC		MC		MC		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE MEAT ONE													
INGREDIENTS													
PRICE & FRETWELL PORK PIE - PORK 30%, WHEAT FLOUR, WATER, PORK FAT, RUSK (WHEAT), PORK RIND, SEASONING (SALT, SPICES, EMULSIFIER E451(I), FLAVOUR ENHANCER E621 PRESERVATIVE E412 (1.5%) COLOURS E160) SOYA PROTEIN GLAZE (POTATO DEXTRINE).					X						X		
BLACK PUDDING					X								
RED ONION CHUTNEY - RED ONION, BALSAMIC GLAZE, SUGAR, BLACK PEPPER												X	
FOCACCIA, PROSCIUTTO, BUFFALO MOZZARELLA & BASIL SANDWICH - ROSEMARY FOCACCIA BREAD - WHEAT FLOUR, WATER, DURUM WHEAT SEMOLINA, NON-HYDROGENATED SUNFLOWER OIL, YEAST, SALT, BARLEY MALT EXTRACT, EXTRA VIRGIN OLIVE OIL, POTATO FLAKES (POTATO, TURMERIC), DEXTROSE, SUGAR, ROSEMARY 0.6%, FLOUR TREATMENT AGENT (E300)					X		X		MC	MC	MC		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE MEAT ONE - CONTINUED													
SAUSAGE ROLL - WHEAT FLOUR (WITH CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), BRITISH PORK (27%), WATER, SUSTAINABLE PALM OIL, PORK FAT, RAPESEED OIL, EGG, SALT, RUSK (WHEAT FLOUR (WITH CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), SALT), SPICES, WHEAT STARCH, YEAST EXTRACT, SUGAR, ONION POWDER, THYME, DEXTROSE, MALTODEXTRIN, DRIED GLUCOSE SYRUP, RAISING AGENT (AMMONIUM CARBONATE), SPICE EXTRACT, LEMON JUICE (FROM CONCENTRATE)			X		X								
FAIRFIELD CRISPS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE MEZZE ONE													
INGREDIENTS													
KALAMATA OLIVE													
GREEN OLIVE													
SUN BLUSH TOMATOES													
BEETROOT HOUMOUS - BEETROOT, (COOKED CHICKPEAS, WATER, RAPESEED OIL, TAHINI, SESAME SEED PASTE)										X			
SOUL BAKEHOUSE MIXED FLAVOUR FOCACCIA - WHITE FLOUR (GLUTEN), WATER, SALT, FRESH YEAST, OLIVE OIL, CHEDDAR CHEESE (MILK), MOZZARELLA CHEESE (MILK), GARLIC, ROASTED PEPPERS, GREEN OLIVES, CHERRY TOMATOES, DRIED PARSLEY, DRIED OREGANO, JALAPEÑOS					X		X						
OLIVE OIL & BALSAMIC GLAZE												X	
CARROT													
CUCUMBER													
CHICKPEA & SPINACH BAKE - ONIONS (39%), CHICKPEAS (32%), WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMIN), SPINACH (9%), RAPESEED OIL, CUMIN, SALT, GARLIC PURÉE (GARLIC, ACIDITY REGULATOR: CITRIC ACID), GROUND CORIANDER, CORIANDER LEAF, CHILLI POWDER, CONCENTRATED LEMON JUICE, STABILISER: METHYLCELLULOSE; BLACK PEPPER, TURMERIC					X								

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE GRAZING ONE													
INGREDIENTS													
YORKSHIRE BLUE CHEESE							X						
COMTE CHEESE							X						
EAST BARN BRIE							X						
MILTON ORIGINAL MULTIGRAIN CRACKERS - WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, GRAINS (10%) (CORN, OATS, WHEAT BRAN), WHOLE WHEAT FLOUR, SUGAR, RAISING AGENTS (AMMONIUM HYDROGEN CARBONATE, SODIUM HYDROGEN CARBONATE, MONOCALCIUM PHOSPHATE), SUGAR CANE SYRUP, SESAME SEEDS (3%), SALT, POPPY SEEDS					X		MC			X			
PETER'S YARD ROSEMARY & SEA SALT SOURDOUGH CRACKERS - WHEAT FLOUR (WHEAT FLOUR, CALCIUM, IRON, THIAMIN, NIACIN), RYE FLOUR, SOURDOUGH 21% (RYE FLOUR, WATER), RAPESEED OIL, SEA SALT (CORNISH) 1%, MUSCOVADO SUGAR, DRIED ROSEMARY LEAVES 0.5%, DRIED THYME LEAVES, BLACK PEPPER					X		MC			MC			MC
JACOB'S SALT & CRACKED BLACK PEPPER CRACKERS - FLOUR (WHEAT FLOUR, CALCIUM, IRON, NIACIN, THIAMIN), VEGETABLE OIL (PALM), SALT, BLACK PEPPER, POPPY SEEDS, RAISING AGENT (SODIUM BICARBONATE)					X		MC			MC			

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE GRAZING ONE - CONTINUED													
CARRS MELTS CHEESE CRACKERS - WHEAT FLOUR, VEGETABLE OILS (COCONUT, PALM), DRIED CHEESE POWDER (9%) (MILK), SUGAR, DRIED ONION, NATURAL FLAVOURING (CONTAINS DRIED WHEY (MILK), LACTOSE (MILK)), RAISING AGENTS (AMMONIUM BICARBONATE, SODIUM BICARBONATE), POPPY SEEDS, SALT, COLOUR (CAROTENES)					X		X			MC	MC		
OREGANO CROSTINI - ITALIAN BREAD BITES - WHEAT FLOUR, MAIZE FLOUR, OLIVE OIL (15%), SALT, YEAST, OREGANO (0.35%), MALTED WHEAT FLOUR					X		MC		MC		MC		
RED ONION CHUTNEY - BALSAMIC GLAZE, SUGAR, BLACK PEPPER												X	
APPLE					X		MC		MC		MC		
GRAPES					X		MC		MC		MC		
FOCACCIA, PROSCIUTTO, BUFFALO MOZZARELLA & BASIL SANDWICH - ROSEMARY FOCACCIA BREAD - WHEAT FLOUR, WATER, DURUM WHEAT SEMOLINA, NON-HYDROGENATED SUNFLOWER OIL, YEAST, SALT, BARLEY MALT EXTRACT, EXTRA VIRGIN OLIVE OIL, POTATO FLAKES (POTATO, TURMERIC), DEXTROSE, SUGAR, ROSEMARY 0.6%, FLOUR TREATMENT AGENT (E300)					X		X		MC	MC	MC		

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SHARING PLATTER - THE GRAZING ONE - CONTINUED													
PRICE & FRETWELL PORK PIE - PORK 30%, WHEAT FLOUR, WATER, PORK FAT, RUSK (WHEAT), PORK RIND, SEASONING (SALT, SPICES, EMULSIFIER E451(I), FLAVOUR ENHANCER E621 PRESERVATIVE E412 (1.5%) COLOURS E160) SOYA PROTEIN GLAZE (POTATO DEXTRINE).					X						X		
BEETROOT HOUMOUS - BEETROOT, (COOKED CHICKPEAS, WATER, RAPESEED OIL, TAHINI, SESAME SEED PASTE)										X			
OLIVE OIL & BALSAMIC GLAZE												X	
KALAMATA OLIVE													
GREEN OLIVE													
SUN BLUSH TOMATOES													
SOUL BAKEHOUSE MIXED FLAVOUR FOCACCIA - WHITE FLOUR (GLUTEN), WATER, SALT, FRESH YEAST, OLIVE OIL, CHEDDAR CHEESE (MILK), MOZZARELLA CHEESE (MILK), GARLIC, ROASTED PEPPERS, GREEN OLIVES, CHERRY TOMATOES, DRIED PARSLEY, DRIED OREGANO, JALAPEÑOS					X		X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
COFFEE													
ESPRESSO													
CORTADO					MC		MC						
FLAT WHITE					MC		MC						
AMERICANO													
LATTE					MC		MC						
CAPPUCCINO					MC		MC						
MOCHA					MC		MC						
SYRUPS & POWDERS													
HAZELNUT													MC
VANILLA													
SALTED CARAMEL													
CARAMEL													
CANE SUGAR													
GINGERBREAD													
CLOUDY LEMONADE													
STRAWBERRY													
CHAI POWDER							X						

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
MILK													
OAT MILK					X								
SEMI SKIMMED							X						
WHOLE MILK							X						
TEA													
CANTON BREAKFAST TEA													
CANTON DECAF BREAKFAST TEA													
CANTON EARL GREY TEA													
CANTON GREEN TEA													
CANTON MINT TEA													
CANTON BERRY & HIBISCUS TEA													
CANTON CHAMOMILE TEA													
HOT CHOCOLATE													
DARKWOODS DARK CHOCOLATE FLAKES; COCOA MASS, SUGAR, COCOA BUTTER, EMULSIFIER: SOYA LECITHIN, NATURAL VANILLA FLAVOURING											X		
WHIPPED CREAM							X						
MARSHMALLOWS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SMOOTHIES - MEAN & GREEN													
GREEN APPLE													
BANANA													
PINEAPPLE													
SPINACH													
SMOOTHIES - BERRY BLAST													
STRAWBERRY													
BANANA													
RASPBERRY													
BLUEBERRY													
SMOOTHIES - PEACHY KEEN													
PLUM													
PEACH													
BANANA													
RASPBERRY													
SMOOTHIES - GREEN MACHINE													
KIWI													
GREEN APPLE													
PINEAPPLE													
SPINACH													
SMOOTHIES - VERY BERRY													
PINEAPPLE													
APPLE													
RASPBERRY													
BLUEBERRY													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SMOOTHIES - JUST PEACHY													
PEACH													
STRAWBERRY													
BANANA													
SMOOTHIES - ADDITIONS													
OAT MILK					X								
DAIRY (MILK/YOGHURT)							X						
ORANGE JUICE													
APPLE JUICE													
CHIA SEEDS										MC			MC
SAN PELLEGRINO ORANGE													
WATER													
ORANGE JUICE FROM CONCENTRATE (16%)													
SUGAR													
CARBON DIOXIDE													
ORANGE EXTRACT (0,1%)													
SAN PELLEGRINO LEMON													
WATER													
LEMON JUICE FROM CONCENTRATE (16%)													
SUGAR													
CARBON DIOXIDE													
NATURAL LEMON FLAVOURINGS													
NATURAL FLAVOURINGS													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
SAN PELLEGRINO MELOGRANO & ARANCIA													
WATER													
ORANGE JUICE FROM CONCENTRATE (10%)													
POMEGRANATE JUICE FROM CONCENTRATE (6%)													
SUGAR													
CARBON DIOXIDE													
NATURAL FLAVOURINGS													
ORANGE EXTRACT (0.1%)													
BLACK CARROT CONCENTRATE													
REDBULL													
CAFFEINE													
TAURINE													
B-GROUP VITAMINS													
SUGAR													
WATER													
RADNOR ORANGE JUICE													
ORANGE JUICE FROM CONCENTRATE (10%)													
RADNOR APPLE JUICE													
APPLE JUICE FROM CONCENTRATE (10%)													
FROBISHER ORANGE JUICE													
SQUEEZED ORANGE JUICE 100%													
FROBISHER APPLE JUICE													
SQUEEZED APPLE JUICE 100%													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
COKE ZERO													
CARBONATED WATER													
COLOUR (CARMEL E150D)													
PHOSPHORIC ACID													
SWEETENERS (ASPARTAME, ACESULFAME K)													
FLAVOURINGS (INCLUDING CAFFEINE)													
ACIDITY REGULATOR (E331)													
DIET COKE													
CARBONATED WATER													
COLOUR (CARMEL E150D)													
SWEETENERS (ASPARTAME, ACESULFAME K)													
NATURAL FLAVOURINGS INCLUDING CAFFEINE													
PHOSPHORIC ACID													
CITRIC ACID													
COCA COLA													
CARBONATED WATER													
SUGAR													
COLOUR (CARMEL E150D)													
PHOSPHORIC ACID													
NATURAL FLAVOURINGS INCLUDING CAFFEINE													
BOTTLED WATER													
STILL WATER													
SPARKLING WATER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
TONIC WATER													
CARBONATED WATER													
SUGAR													
ACID (CITRIC ACID)													
NATURAL FLAVOURINGS													
SWEETNER													

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
AUTUMN SPECIALS - CRANBERRY & APPLE HOT LEMONADE													
APPLE JUICE													
CRANBERRY JUICE													
LEMON JUICE, LEMON JUICE FROM CONCENTRATE, PRESERVATIVE: POTASSIUM METABISULPHITE												X	
CINNAMON STICK													
FRESH LEMON													
AUTUMN SPECIALS - PUMPKIN SPICED LATTE													
DARKWOODS UNDERMILK COFFEE													
CINNAMON SPICE													
SWEETBIRD PUMPKIN SPICE SYRUP, GLUCOSE-FRUCTOSE SYRUP, WATER, SUGAR, ACIDIFIER: CITRIC ACID, FLAVOURINGS, COLOUR: PLAIN CARAMEL													
MILK (DAIRY)							X						
OAT MILK					X								

ALLERGEN MATRIX



ITEM NAME	CELERY	CRUSTACEAN	EGG	FISH	CEREALS CONTAINING GLUTEN (AND PRODUCTS THEREOF) WHEAT, RYE, BARLEY	LUPIN	MILK	MOLLUSCS	MUSTARD	SESAME	SOYABEAN AND SOYABEAN PRODUCTS	SULPHITES	TREE NUTS (AND PRODUCTS THEREOF)
AUTUMN SPECIALS - PEPPERMINT HOT CHOCOLATE WITH CREAM & PEPPERMINT PIECES													
DARKWOODS DARK CHOCOLATE FLAKES; COCOA MASS, SUGAR, COCOA BUTTER, EMULSIFIER: SOYA LECITHIN, NATURAL VANILLA FLAVOURING											X		
MONIN PEPPERMINT SYRUP; SUGAR, WATER, MINT TARTRAZINE BRILLIANT BLUE FCF													
AERO PEPPERMINT BUBBLES; SUGAR, VEGETABLE FATS (PALM, SHEA, SAL), WHEY POWDER PRODUCT (MILK), WHOLE MILK POWDER, GLUCOSE SYRUP, COCOA BUTTER, COCOA MASS, SKIMMED MILK POWDER, BUTTERFAT (MILK), EMULSIFIER (LECITHINS), GLAZING AGENTS (GUM ARABIC, POLYDEXTROSE), SUNFLOWER OIL, FLAVOURING, COLOURS (COPPER COMPLEXES OF CHLOROPHYLLINS, CURCUMIN)							X						
WHIPPED CREAM; WATER; FULLY HYDROGENATED PALM OIL (15%), SUGAR (10%), DEXTROSE, PROPELLANT: NITROUS OXIDE; GLUCOSE SYRUP, HUMECTANT: SORBITOL; EMULSIFIERS: MONO - AND DIACETYL TARTARIC ACID ESTERS OF MONO - AND DI-GLYCERIDES OF FATTY ACIDS. POLYOXYETHYLENE SORBITAN MONOSTERARATE; THICKENER: HYDROXYPROPYLMETHYLCELLULOSE; POTATO STARCH, SALT, FLAVOURING													
MILK (DAIRY)							X						
OAT MILK					X								

ALLERGEN MATRIX



ITEM NAME	CONTAINING GLUTEN (WHEAT)	CONTAINING GLUTEN (RYE)	CONTAINING GLUTEN (BARLEY)	CONTAINING GLUTEN (TRITICALE)	CONTAINING GLUTEN (OAT)	CRUSTACEANS AND PRODUCTS THEREOF	EGG AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEED AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
ALCOHOL																	
FROTHINGHAM BEST	X		X														
PRICKY BACK OTCHAN	X		X														
SLECK DUST	X		X														
ASAHI			X														
ASAHI 0%			X														
FAMIGLIA BOTTER PROSECCO 20CL															X		
VIA ALTA MERLOT 18.7CL															X		
VIA ALTA SAUVIGNON BLANC 18.7CL															X		
ROBERTS & REEVES WHITE ZINFANDEL 18.7CL															X		
WHISPERING ANGEL ROSE 75CL															X		
MOREAU FIL CHABLIS 75CL															X		
FRANSCHHOEK CELLARS CHENIN BLANC															X		
CNDP JULIETTE AVRIL 75CL															X		
EQUINO MALBEC 75CL															X		